

## **Olathe Communities That Care Coalition**

**Meeting Minutes:** January 10<sup>th</sup>, 2023 3:30pm – 4:30pm Indian Creek Library & zoom

Agenda Items	Discussion	Action Items
Welcome & Introductions  3:30pm - 3:43pm	All attendees introduced themselves. Jared Avilez introduced the guest Speaker Faith Roberts from Cottonwood Springs. Attendees were encouraged to use the QR code on the agenda or in the email to sign in.	
Guest Speaker 3:45 pm – 4:20pm	Faith Roberts, Adolescent Programs Manager Cottonwood Springs  Faith shared facts about Adolescent Substance Use from the National Center for Drug Abuse Statistics Report (2020). Some of the key facts included  12.7% of 12-17 year-olds report marijuana use in the last year.  7.1 million 12 – 20 year old report drinking and 60.2% reported binged drinking.  407,000 teenagers aged 12-17 met the criteria for Alcohol Use Disorder (AUD)  Overdose deaths due to opioids has increased 500% among 15-24 year-olds since 1999.  Faith Shared information about the opioid crisis stating that, the pandemic contributed to the loss of protective factors for many adolescents. Faith informed the coalition about the reward pathway in the brain regarding drug use and how it can be a difficult pathway to break the longer the pathway has been used. Faith encouraged the coalition to continue educating families, teachers, and community members on how to recognize the signs of drug use as one small protective factor to help those at risk.  Kevin Kufeldt, asked about the various programs offered at Cottonwood Springs.  Faith shared information on the Inpatient and Outpatient programs for both mental health and substance abuse disorder as well as the Child and Adolescent Program.  Mike Kruger, asked how people get referred to Cottonwood Springs. Faith responded, primarily by community providers, parents, and word of mouth.  Blake Thomas, asked if those who sought treatment were people who suffered from long term substance use or occasional substance use. Faith responded, it	<ul> <li>Guest Speaker for February 2023 will be confirmed by Angela Parks</li> <li>Coalition member Jared Avilez will send information about the Strengthening Families Program as a referral resource for those families served by Cottonwood Springs</li> </ul>



Upcoming Events & Trainings 4:20pm – 4:25pm	varies, the patient load is very dynamic, and they are from all walks of life.  Jared Avilez thanked Faith for sharing her insights into the complexities of youth substance use and for energizing the coalition and reminding the members of the very important work they are doing in the community.  Jared Avilez informed the coalition that the DFC grant is enabling coalition members to attend the CADCA National Leadership Forum in February. The City of Olathe has helped to sponsor 3 youth members from Teen Council to participate in prevention activities and trainings.  Jared Avilez shared information on an upcoming webinar called "Engaging Youth Voices for Reducing Substance Use". That webinar will be held on Jan. 25th	- Coalition members can attend the webinar here https://tinyurl.com/5cney3hp
2023 Activities/ Events & Action Teams	at 1pm.  The coalition decided to table 2023 activities planning	
4:25pm – 4:27pm	to next meeting due to time.	
Closing Remarks 4:27pm – 430pm	Meeting ended	Next Meeting Feb. 14 <sup>th</sup> , 2023 3:30pm – 4:30pm Indian Creek Library and Zoom

## **Attendees**

Susan Sherman, City of Olathe

Angela Parks, Olathe Public Library

Bryan Hill, Olathe Police Department

Matt Johnson, Olathe Public Schools

Mike Kruger, Dept. Heath & Environment

Jared Avilez, Johnson County Mental Health

Kevin Kufeldt, Johnson County Mental Health

Jamie Katz, Johnson County Mental Health

Blake Thomas, Church of Recovery

Mike Brouwer County Managers Office

Kelsey Metz Cottonwood Springs
Faith Roberts Cottonwood Springs